



# HAMTA PASS TREK

Manali || Chika || Balu-Ka-Gera || Sheagoru || Manali



[www.himalayandaredevils.com](http://www.himalayandaredevils.com)



[himalayandaredevils@gmail.com](mailto:himalayandaredevils@gmail.com)



+91-6398989097, 9557055210



### **LOCATION**

HIMACHAL PRADESH, INDIA



### **BEST TIME**

MID JUNE - SEPTEMBER



### **DESTINATION**

HAMPTA PASS TREK



### **TAKE A PHOTO**

SUNRISE, SUNSET,  
SNOW CAPED MOUNTAINS



### **DIFFICULTY**

MODERATE



### **HIGHEST ALTITUDE**

14,100 ft



### **AVERAGE TEMPERATURE**

DAY TIME: +12°C to +20°C  
NIGHT TIME: 0°C to -5°C



### **BASE CAMP**

MANALI



### **DURATION**

5 DAYS & 4 NIGHTS



### **LAST ATM**

MANALI



### **TREK DISTANCE**

35 KMS



# Hampta Pass Map



Towards Chandratul Lake

+10,787 ft

**Chatru**

**Shea Gora** DAY 4 +12,254 ft

"Dramatic" would describe this campsite best as you camp in a green oasis surrounded by barren mountains. The change in landscape is drastic.

**Hampta Pass** +11,035 ft

+12,411 ft DAY 3 **Balu Ka Gera**

A campsite at the base of Hampta Pass. The Rani Nala fans out into several tributaries, forming a river delta. You camp in the middle of this delta.

**Jwara** DAY 2 +11,072 ft

This is a spot where two valleys intersect and you enter lovely meadows for the first time. You camp in the middle of these meadows, as the Rani Nala winds her way through a soil bed of wild flowers.

The first point on the trek where you exit the treeline and enter the meadows. You see a U-shaped valley ahead and a forest behind you.

**Jobra** DAY 1 +9800 ft

**Chikha**

**Prini** +6,300 ft

A village 3km away from Manali, where you begin traversing through 12 hairpin bends to reach the campsite.

+6,726 ft DAY 0 **Manali** DAY 5

- |                      |                    |                      |
|----------------------|--------------------|----------------------|
| ----- Flat path      | Pine Tree          | Himalayan Oxigordia  |
| Gradual Ascent       | Birch Tree         | Marsh Marigold       |
| Steep Ascent         | Maple Tree         | Dramatic Primrose    |
| >>> Gradual Descent  | Oak Tree           | Himalayan Balsam     |
| >>> Steep Descent    | Dwarf Rhododendron | Campsite             |
| ~~~~~ Vehicular Road | Blue Poppy         | Cross over (flood)   |
| River                | Blue Poppy         | Cross over (bridge)  |
|                      |                    | Distance to campsite |



# **SHORT ITINERARY**

## **Day 1**

Drive from Manali to Jobra & Trek to Chika

## **Day 2**

Trek from Chika to Balu-Ka-Gera

## **Day 3**

Trek from Balu-Ka-Gera to Sheagoru via Hampta Pass

## **Day 4**

Trek from Sheagoru to Chatru, Drive to Chandratal  
( If weather permits ) & Return to Chatru, Camp in Chhatru.

## **Day 5**

Drive from Chatru to Manali . Drop in Manali by 4 PM Approx.

# ITINERARY



## DAY 1

### **Drive from Manali to Jobra & Trek to Chika**

Report at Manali bus stand at 8 AM. After freshening up & breakfast in Manali, board Taxi for Jobra. Hampta Pass trek starts from Allain Guhugal Hydel Project site. Get down from the vehicle at the project site & across the main road. Take the narrow trail that leads to the forest of pine trees. A variety of trees like maple, deodar, toss, and oak can also be spotted on this trail. The sight is very refreshing. The gradient of today's trail is easy and ideal for a first-day hike. Twenty minutes into the trek, you will reach a clearing from where the view opens up. This spot overlooks the lush green meadow strewn with small rocks with Rani Nallah flowing in the center of valley closed from two sides. Cross the Rani Nallah by the wooden bridge & from here the trail is on the true right of Rani nallah. You can spot the horses grazing in this meadow which make a perfect setting for some beautiful photographs. Chika campsite is a huge, flat & spacious green patch. With Rani Nallah flowing by the side makes it a perfect spot for setting up the tents.



# ITINERARY



## **DAY 2**

### **Trek from Chika to Balu-Ka-Gera**

Today's trek is pretty thrilling with a couple of water crossings on the way. The trail stays on the true right of the river for the most part of the day. The initial climb is through boulders. Walk along the Rani river into a valley dotted with tiny multi-colored flowers which can give a tough competition to Valley of flowers in the monsoon months. The green trail turns brown & rock strewn as we near Balu Ka Gera. Balu ka gera is the point from where the steep climb to Hampta pass begins. It is a level ground made up of the sand and dust brought down by

# ITINERARY

the river. In the vicinity is a huge pool of water made from the glacial melts. The site is windy which make the temperature feel even lower than actual. Pitch your tents and camp at Balu Ka Gera, 11,000 feet above sea level.



---

## DAY 3

---

### **Trek from Balu-Ka-Gera to Sheagoru via Hampta Pass**

Start very early to have the advantage of time. This pass is one of the nasty ones & the weather can be very unpredictable. The trek begins by encircling the pool of water to enter the partially dried up glacial river bed. The climb is strenuous all the way up to Hampta pass. Walk at a steady pace with few breaks. The

# ITINERARY

pass is not easily identifiable so ask your guide about it. As you cross the pass you enter the Lahaul region & change in the scenery is very contrasting. The trail is completely downhill from the Pass. This trail is steep & not clearly identifiable. Be extra careful while descending. After some walking, you will be able to spot the campsite of Shea Goru far in the distance in the direction of river flow. The last km to the site is mostly flat. Shea Goru in local means "Cold Street" and is indeed very cold here owing to the winds but it is also the most beautiful campsite of Hampta Pass trek. Camp & overnight stay in Shea Goru.



# ITINERARY



## **DAY 4**

**Trek from Sheagoru to Chatru, Drive to Chandratal ( If weather permits ) & Return to Chatru, Camp in Chhatru.**

Break camps early in the morning. Trek begins with the crossing of the river which is flowing by the campsite. Now crossing this river is one hell of an experience in itself. Let's keep it as a surprise for the trek. Almost half of the trek is easy & full of descent. After descending you will see the large valley of the river Chandra. Reach Chhatru which is the road head. From Chatru, board taxi for a road journey to the famous Chandratal. Reach Chandratal by late afternoon. After spending some time at Chandratal return to Chhatru by the evening. Camp in Chhatru. Please note that the road to Chandra Tal is closed at times due to landslides or snow. In case the road is found closed the Chandrataal drive will not be done.



# ITINERARY



## DAY 5

**Drive from Chattru to Manali . Drop in Manali by 4 PM Approx.**

We break camps early to avoid the traffic jam at Rohtang Pass. After breakfast start the road journey for Manali over Rohtang Pass. Reach Manali by 5 PM Approx. And here ends the Hampta Pass Trek.



# **INCLUSIONS**

- 1. Accommodation – Stay at a guest house/ homestay/ swiss tents/ dome tents during the trek as per the sharing pattern/occupancy opted.**
- 2. Meals – All meals from your arrival to departure from the base camp are included (Morning Tea, Breakfast, Lunch, Hi-Tea with Snacks, and Dinner). We provide simple, nutritious yet tasty vegetarian meals on all days of the trek.**
- 3. Permit/Charges – Cost of all trekking permits, forest & camping charges are included. Charges of the porters, helpers, mules, trekking leaders, and guides are included.**
- 4. Trekking equipment – High-quality tents, sleeping bags, ice axes, ropes, microspikes, gaiters, etc. as required are provided.**
- 5. Safety equipment – First aid medical kits, oxygen cylinders, etc. will be available at all campsites to deal with emergencies.**

**6. Porters, Mules, and helpers shall accompany us during the trek to carry the common load such as gas cylinders, tents, sleeping bags, toilet tents, etc.**

## **EXCLUSIONS**

- 1. Anything not specified in the Inclusions section**
- 2. Additional Meals unless specified**
- 3. Transport unless specified**
- 4. Air Fare / Train/ Bus Tickets**
- 5. Travel Insurance**
- 6. Additional expenditure and Extra Services if taken**
- 7. Any expense incurred or loss caused by reasons beyond our control such as bad weather, natural calamities(landslides, floods), flight delays /rescheduling/cancellations, any accidents/ medical evacuations, riots/strikes/war/pandemic, etc.**
- 8. GST(Goods & Service Tax) at the rate of 5%.**

## **FITNESS/ DIFFICULTY**

A high altitude trek in the Himalayas requires substantial fitness. Your body needs to train itself to tolerate more work with lower levels of oxygen. Therefore, on treks, cardiovascular training is essential.

As a measure of your fitness, we require you to be able to run at least 5 km in 40 minutes by the time your trek starts. If you are 45 years or above, try to cover 5 km in 50 minutes. This is a minimum requirement.

If you prefer cycling over running, then try to cover 20 km in 60 minutes.

Unable to perform the same can make your trek difficult. Trekkers who have not adequately prepared might be asked not to continue the trek at any point.

The team of Himalayan Daredevils has the right to reject trekkers who do not meet our eligibility requirements at the base camp

## Cancellation Policy

Life is unpredictable and we understand that sometimes you have to cancel or change your trip dates and it is our endeavor to make it as easy as possible for you. However, please understand that we plan everything including guide fees, permits, accommodation and ration in advance. Therefore, any cancellation means inconvenience and certain losses to the people involved in various stages of the programme. Keeping that in mind, our cancellation charges are as below –

Cancellations prior to 30 days from the start of the event: **Get a monetary refund with 15% of cancellation charges.**

Cancellations between 30 days and 15 days to the start of the event: 50 % refund as cash.

Cancellations less than 15 days to the start of the event: No refund.

Cancellations will be accepted only by email.

**Note:** The Himalayan Daredevils reserves the right to cancel a programme before departure in the event of logistical problems arising due to natural calamities, strikes, wars or any other circumstances that make the event inadvisable. In this case, we will refund 50% of the event fees.

## Itinerary Changes & Trip delays:

We plan itineraries based on the information available at the time of planning and in rare circumstances, they are subject to change. In the event that the itinerary is changed or delayed due to unforeseen circumstances such as bad weather, transportation delays, government intervention, landslides etc., we will always aim to give you the best experience possible. However, The Himalayan Daredevils not be held responsible for the cost of delay or changes.

## CONTACT US



+91-6398989097, 9557055210



[www.himalayandaredevils.com](http://www.himalayandaredevils.com)



[himalayandaredevils@gmail.com](mailto:himalayandaredevils@gmail.com)